LC **Life Capital**

// FOR COMPANIES, HR AND L&D · ONE-PAGER

Build stronger teams through better decisions.

Life Capital helps organizations find the values that unite their people and turn a group into a team that performs. In a facilitated simulation, six to eighteen people make resource decisions under time pressure, with limited information and competing goals.

5 HOURS	6–18 PARTICIPANTS	TRAINER + BANKER

SESSION SPEC

Team session	5 hours, 6–18 participants, 5–8 per table, ~40 simulated years
Session structure	30-minute briefing · 2-hour first half · coffee break · 1 h 45 second half · 30-minute debrief
Facilitator observations	roles and cooperation observed during play, for the team's own discussion
Location	your premises: you provide a suitable room and a coffee break at half-time
Preparation required from you	a 30-minute briefing
Measurement	2–3 metrics agreed before the session and re-checked after
Price	scenario-based corporate sessions are priced individually, depending on your task; open sessions from 1 November 2026: CAD 200 a seat, CAD 150 each for a pair, CAD 1,000 for a whole table

WHAT THE TEAM LEAVES WITH

OUTPUT	FORM IT TAKES
Agreed principles for making decisions	written, in the team's own words, from the retrospective
Role map and the "red zones" of communication	who does what, and where it broke during play
5–7 actionable process improvements	a backlog the team wrote itself, with owners

HOW ORDERING WORKS

1. Enquiry — form or email. Tell us the team size, the task you want the session to work on, and the window of dates.
2. A 30-minute briefing call. This is the only preparation we need from you: what the team does, what is going wrong, what you want to be different afterwards. Out of this we agree the 2–3 metrics to check before and after.
3. A written offer: scenario, group size, date, what we bring, what you provide (a suitable room and a coffee break at half-time), price.
4. The session.
5. The retrospective document — the outputs above, in writing, sent to you.
6. The re-check , on the metrics agreed at step 2, on the date agreed at step 2.

AFTER YOU WRITE TO US

Straight away	The page confirms the message left your browser. Nothing else is needed from you.
Within two business days	A person reads it and replies from info@lifecapital.ca. Weekends and Ontario public holidays are not business days.
In that first reply	The formats that fit your group, the dates we can hold, and the price for your case.
If you asked for a call	A 30-minute call is offered before anything is booked or quoted.

No reply after two business days means the message did not reach us. Write to info@lifecapital.ca or call +1 613 621 1261.

info@lifecapital.ca +1 613 621 1261 lifecapital.ca/contacts/

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Sessions run in English and Ukrainian. The full page: https://lifecapital.ca/for-business/ · https://lifecapital.ca/pricing/